



Below is a list of what staff and ministry leaders of Families of Parishes in the Archdiocese of Cincinnati have implemented to help establish a culture of prayer and healthy teamwork within their Families. Feel free to adapt this to your Family of Parishes.

Family Leadership Team (Includes Pastor)

- Spend the first 10 minutes of tactical meetings in silent prayer in church.
- Begin tactical meetings with prayer (usually led by different people each month).
- End tactical meetings with prayer.
- Begin weekly check-in with prayer (ending prayer is timed so that the team joins the entire staff for the Angelus).

Full Staff

- Pray together a set prayer every day before the office doors open (see Prayer to Begin the Workday below).
- Pray the Angelus at 12 p.m., (begin with staff petitions; anyone can jump in to lead the Angelus).
- Pray the Angelus one day per week, followed by a Scripture study. Alternatively, pray different devotions together, such as novena's specific to the season, or spend 20 minutes in silence.
- Pray the Angelus one day per week, followed by the Beacons of Light Prayer.
- Pray the Angelus and prayer to open the door with whoever is around. Nothing is mandatory, although it is highly suggested. Ring a bell to remind everyone of the opportunity. The Angelus is prayed within the office except for one day a week.
- Encourage the staff to attend funerals.
- Give staff members one paid hour each week during which they can attend a funeral, take an hour of adoration or attend morning Mass (which is defined in the handbook).

Full Staff Meetings (Once a Month)

- Invite a member of the team to lead prayer, which is usually more involved than rote prayer.

Lay Ministry Leaders

- Encourage ministry leaders to sign up for a Holy Hour during weekly exposition.

- Encourage ministry leaders to start their meetings with 10 minutes of silent prayer before the tabernacle, then move to their meeting space. Many commissions do this on a regular basis.

General

- Encourage all staff to start and end with prayer whenever they meet either together or with parishioners.

PRAYER TO BEGIN THE WORK DAY

O Lord, my God,

It is Your Will that human beings accept the duty of work.

May the work we do today bring growth in this life for us,

for the parishioners of N.,

and for those we love as we strive to do our part to build up the Kingdom of Your Son.

Give us the disposition of charitable and cheerful service.

We unite all our work with the Sacrifice of Jesus in the Mass that it may be pleasing to You and give You glory.

With St. Joseph as our example and guide, help us to do the work You have asked and come to the reward You have prepared.

Hail Mary ...

N. (patron saint and saint of the day) ... pray for us

Amen